

Autumn 2018

Choose our **daily packed lunch** with a sandwich or roll with a range of fillings, healthy snack, home baked cake and piece of fruit.

w/c 3rd Sept, 24th Sept, 15th Oct, 5th Nov, 26th Nov, 17th Dec

WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday
✓ Vegetarian All day Breakfast Quorn sausage, hash brown, tomato, baked beans ▲ All day Breakfast Pork sausage, bacon, hash brown, tomato, baked beans Pineapple Upside Down Cake	✓ Cauliflower & Broccoli Cheese with herby bread ▲ Beef Lasagne Tutti Frutti Tuesday Strawberry Mousse & fruit	✓ Quorn Roast with gravy & potatoes ▲ Roast Chicken with stuffing, gravy & potatoes Cheese & Crackers with fruit	Pasta Bar with selection of homemade sauces ✓ Tomato & Basil ▲ Beef Bolognese Carbonara with Ham Winter Sponge	✓ Cheese & Tomato Pizza Golden Fish Fingers (Cod & Salmon) with chips Apple Flapjack

w/c 10th Sept, 1st Oct, 22nd Oct, 12th Nov, 3rd Dec

WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday
✓ Sweet Potato & Chickpea Curry with wholemeal rice ▲ Pork Sausage with mash & gravy Carrot Muffin	✓ Quorn Meatball Sub with homemade tomato sauce ▲ BBQ Chicken Burrito Tutti Frutti Tuesday Yoghurt, fruit & crunchy toppings	✓ Shepherdess Hotpot with gravy ▲ Roast Pork with gravy & potatoes Fruit Crumble with custard	✓ Macaroni Cheese with herby bread ▲ Chicken Curry with wholemeal rice Chocolate Crunch	✓ Cheese & Tomato Pizza Battered Fish with chips Sultana and Oat Cookie with fruit slices

w/c 27th Aug, 17th Sept, 8th Oct, 29th Oct, 19th Nov, 10th Dec

WEEK 3

Monday	Tuesday	Wednesday	Thursday	Friday
✓ Cheese & Bean Wrap with chips ▲ Beef Stew with dumplings Shortbread Biscuit with fruit slices	✓ Vegetable Lasagne ▲ Chicken Casserole with creamed potatoes Tutti Frutti Tuesday Yoghurt, fruit & crunchy toppings	✓ Quorn Toad in the Hole with gravy & potatoes ▲ Roast Turkey with stuffing, gravy and potatoes Apple & Banana Cake with custard	✓ Crispy Topped Vegetarian Pie ▲ Homemade Beefburger with oven baked wedges Winterberry Cheesecake	✓ Cheese & Tomato Pizza Golden Fish Fingers (Cod & Salmon) with chips Jamaican Ginger Cake Option 1e

We offer **seasonal vegetables, bread, yoghurt and fruit daily.**
 (allergy information is available)

Served Daily

A baked jacket potato with a choice of toppings



▲ Meat
✓ Veggie
◆ Jacket Potato
■ Packed Lunch



BUBBLE